



Lord, make me an
instrument of your peace.
Where there is hatred,
let me sow love;
where there is injury,
pardon;
where there is doubt,
faith;
where there is despair,
hope;
where there is darkness,
light;
and where there is
sadness, joy.

Grant that I may not so
much seek to be consoled
as to console;
to be understood
as to understand;
to be loved,
as to love.
For it is in giving
that we receive;
it is in pardoning
that we are pardoned;
and it is in dying that we are
born to eternal life. Amen.

—*St. Francis of Assisi*

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[Jesus said:] “But I say to you that listen, love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.”

Luke 6:27-38

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