

■ Liberated from anything that would enslave us,  
we are free to...

encounter the Triune  
God in communal  
**WORSHIP** - enter,  
hear, pray, adore,  
remember, give  
thanks, taste...go.  
nurture the  
love relationship  
with God through  
**PRAYER.**

**SEE CHRIST**  
in every person  
and in every part  
of creation.

**FORGIVE** our  
enemies and all  
who would harm  
us, reject violence,  
and work for  
peace and  
reconciliation.

**THINK**, do research,  
ask questions, challenge  
old assumptions.

**OBEY**  
the Ten  
Commandments  
and **FOLLOW** the  
way of Jesus.

**RENEW**,  
take time  
off, play,  
keep the  
Sabbath,  
enjoy God's  
creation.

**CONFESS**  
our sin,  
our  
failure.

respect  
and  
enjoy  
**LIFE.**

**SERVE**  
humbly and  
patiently  
where we  
are needed.  
practice **HOSPITALITY**  
by welcoming the  
outsider, the stranger.

**HOPE**  
in  
God's  
future.

work and  
pray for **JUSTICE**,  
God's dream of a  
world where all  
have dignity and  
all have enough.

**LET GO**

of our  
abundance  
of money and  
things that  
others may  
live, especially  
the poor and  
the hungry.

**CREATE**  
works of  
truth and  
beauty.

see ourselves,  
our bodies,  
sexuality, and  
talents as beautiful  
**GIFTS** to be used  
for the glory of God.

**Honor**  
those in authority,  
practice good citizenship  
in community, nation  
and world, and discern  
when to resist, to  
speak truth to power.

**DREAM**  
God's dream -  
a world of peace.

be **HONEST**,  
knowing we are  
both saints and  
sinners.

**RISK**

live in harmony  
with all **CREATION**,  
tenderly caring  
for it, protecting  
it, receiving its  
gifts with thanksgiving,  
and responding  
with awe and  
wonder.

**SPEAK** of  
God's love  
and invite  
others to  
join the  
journey  
of faith  
in Jesus  
Christ.

**TRUST**  
God and  
God  
alone.

**REMEMBER** we are  
human, of the earth.

**LAMENT** over  
the pain, brokenness,  
disease, war, and injustice  
in our world.

**LOVE** all people, especially the  
lowly, the vulnerable, the outsider,  
the victims, and the despised.  
Speak for them when they are  
voiceless and powerless.

**CELEBRATE**

See our roles  
(daughter, son,  
father, mother,  
friend, grand-  
parent, spouse,  
partner, aunt, uncle,  
worker, student,  
volunteer, etc.)  
as places to live  
out our primary  
**CALLING** to  
love the neighbor.

**LIVE BY GRACE**,  
trusting that worth and  
identity have been  
declared by God, knowing  
we do not have all the  
answers. Grounded in  
divine love, we decide and act  
boldly, trusting God's mercy  
whether we are right or wrong.